

CHANGE OF ADDRESS

Deacon Julian Gutierrez: 8000 Ashboro Dr., Alexandria, VA 22309-1355; cell: 563-343-5559

Rev. William Wiegand: 313 Washington St., Pella 50219-1532

CREATING A MORE WELCOMING PARISH & SPIRITUALITY DURING TIMES OF CHANGE

These two free workshops will be presented on Sunday, November 20 at St. Patrick Church, Iowa City. As the diocese and parishes are planning for their future the Diocesan Stewardship Commission is sponsoring Dr. Richard McCorry to provide his expertise and insights to aid us in moving forward. A registration flyer is attached with details. Please consider inserting the flyer in your bulletin as these workshops are intended for all members of the diocese. For additional information contact Dan Ebener at ebener@davenportdiocese.org. To read Dr. McCorry's article on hospitality in *The Catholic Messenger* go to http://www.catholicmessenger.org/articles/2011/09/14/opinion/guest_opinions/doc4e70db93833cb503536163.txt.

VOCATIONS OFFICE

For additional information regarding the following contact our vocations director:

Fr. Thom Hennen, 563-888-4255 or hennen@davenportdiocese.org.

One-day Conference on Religious Life: 98.3 KDME Divine Mercy Radio will sponsor a one-day event with the Sisters of Mary, Mother of the Eucharist of Ann Arbor, Michigan on Saturday, October 8, 10:00 a.m.-3:30 p.m. at McAleer Hall in Fort Madison. The Sisters will talk about sanctification of time, growth in virtue and vocations to religious life. To register contact Carol Janosik, 319-372-7809 or cjanosik@iowatelecom.net. Lunch will be available for \$5.00 and free-will offerings are welcome.

Holy Hours of Prayer for Vocations: You are invited and encouraged to come and pray for the gift of vocations on Oct. 10 at Prince of Peace, 9:30 a.m. and Oct. 20, Sacred Heart Church, Newton, 7:00 p.m.

A "**Project Andrew Dinner**" will be held October 26 at the Newman Catholic Student Center in Iowa City at 5:30 p.m. This is a great opportunity for young men, ages 17-35, who may be considering a call to the priesthood to gather with Bishop Amos and area priests to talk about how God may be calling them and to share a meal. To RSVP, for further information or if you know of someone who is just waiting to be asked, contact Fr. Thom Hennen or your local parish priest.

A "**Thinking of Priesthood Day**" will be held Saturday, October 29 at St. Cecelia Parish in Ames. This event begins at 10 a.m. (gathering and refreshments at 9:30) and concludes at 5 p.m. with Mass and dinner following. Sponsored by the vocation offices of the four dioceses of Iowa, this day is for men, ages 17-45, who might be considering a possible call to priesthood. This day will include informal presentations and discussions, sharing from vocation directors of the four dioceses of Iowa and seminarians. Fr. Jonathan Fassero from St. Meinrad School of Theology will lead the discussions. To register contact Fr. Thom Hennen.

An "**Encounter with God's Call**" retreat will be held November 12-14 at Conception Seminary College in Missouri. Young men considering a possible call to the priesthood are welcome to spend a weekend geared toward helping them with their vocational discernment. They will interact with and hear a series of talks by the seminarians of Conception Seminary College. Participants are able to experience the seminarian's daily routine and gain a fuller understanding of what life as a seminarian entails. It is an opportunity to meet and interact with other young men who are asking themselves the same questions and struggle with the same fears and anxieties. It is a weekend of prayer and fellowship. For more information or to register online visit www.conception.edu/vocations or contact Fr. Thom Hennen.

FINANCE

Background Check List of Employees & Volunteers: A list of those employees, volunteers or state certified teachers at your parish or school are due October 1. If you know of an employee or volunteer at your entity that has not had a background check or is due for their 5year renewal check, please send their completed background check forms and copy of their driver's license for processing. Entities with outstanding forms are being contacted. For questions regarding the lists or forms contact Lynnette Sowell, sowells@davenportdiocese.org or 563-888-4364.

PROTECTING GOD'S CHILDREN

To report child abuse contact: Iowa Department of Human Services Child Abuse Hotline: 800-362-2178 and if it involves clergy or church personnel also notify Alicia Owens, Victim Assistance Coordinator, 563-349-5002, or mail to vacdav@attglobal.net or PO Box 232, Bettendorf, IA 52722-0004.

PASTORAL SERVICES

Social Action . . .

Social Action Introductory Brochure: Attached is the first in a series of brochures. This is an introductory brochure that provides a little history of Social Action and how the Two Feet of Social Justice concept got started and is now used by many organizations. The brochure also contains a list of programs supported by the Social Action Department with the names of volunteers and paid staff responsible for operating the department.

October is Respect Life Month: Please use and display your Respect Life month packet materials. This year's theme is "*I came that all might have life, and have it to the full!*" If your parish missed the notice to order, a few parish kits are available by contacting Esmeralda Guerrero at guerrero@davenportdiocese.org.

Pacem in Terris Award Ceremony: Sunday, Oct. 2, Rogalski Center, St. Ambrose University, Davenport, 4:30 p.m. Bishop Alvaro Leonel Ramazzini Imeri has been selected as this year's recipient of the Pacem in Terris Peace and Freedom Award for his leadership in defending the rights of Guatemala's indigenous people by drawing attention to exploitation of workers and the country's natural resources by multinational companies. Additional information can be found at <http://www.davenportdiocese.org/socialaction/sapaceminterris.htm>.

The 18th Annual Iowa Institute for Social Action will be held on Saturday, October 8, 8 a.m. – 4 p.m. at St. Patrick Church, Iowa City. Our theme for this year is: Respect for Life and Dignity of the Human Person: Basis of All Social Concerns. Registration fee is \$25 for adults and \$10 for students. For information and to register go to <http://iowasocialaction.org/>.

St. Vincent Home Corporation Grant: All applications must be postmarked by **October 7**. For an application go to <http://www.davenportdiocese.org/socialaction/sastvincenthomecorporation.htm>. For questions call the Office of Social Action, 563-888-4210.

The Catholic Campaign for Human Development Annual Collection will be held on November 19-20. The Diocese retains 25% of the proceeds to fight poverty within our own diocese. This year's theme is *Fight Poverty. Defend Human Dignity*. Promotional materials will be mailed to parishes in October, including posters and bulletin inserts which are personalized for our diocese. On the weekend of November 12-13 please insert the flyer in your bulletin and display the poster. If your parish materials don't arrive by mid-October, you need more materials or have questions contact Loxi Hopkins, hopkins@davenportdiocese.org or 563-888-4212.

Faith Formation . . .

Parishes with new catechetical leaders (directors or coordinators of faith formation, youth ministry, adult faith formation, RCIA, etc.) are encouraged to contact our diocesan faith formation office. Please contact Barb Butterworth, 563-888-4240 or butterworthb@davenportdiocese.org, and she'll connect you with a staff person who can provide orientation and resources to help your new leader get a good start in ministry.

The 2011 High School Youth Rally, "Can We Love?" will be Sunday, Oct. 23, at the Coralville Marriott. Our keynoter will be Mike Patin. Registration information and publicity tools can be found at <http://www.davenportdiocese.org/faithform/ffyouthrally.htm>. Youth can learn more about the rally at

www.davenportyouth.org or on Facebook at Diocese of Davenport Youth Ministry. For more information, contact Pat Finan at 641 842-5148 or finan@davenportdiocese.org.

NET (National Evangelization Teams) Ministries will be in our diocese in January to present retreats at parishes and schools. There are two open dates on the NET schedule: January 17 and January 20. More information about NET ministries can be found at <http://www.netusa.org/netretreats/>. To arrange a retreat for your school or parish, contact Pat Finan at finan@davenportdiocese.org.

2012 Junior High Youth Rally will be March 25 at Regina Catholic Education Center in Iowa City. Our keynoter will be Vince Nims. Go to www.davenportyouth.org for information on this and all other youth ministry events and programs.

Fr. Ronald Rolheiser will be the speaker for the 2012 Iowa Faith Formation Conference, to be held Saturday, April 14, at St. Elizabeth Ann Seton Parish in Hiawatha. Fr. Rolheiser, a nationally syndicated columnist featured weekly in *The Catholic Messenger*, will speak on “Living the Ups and Downs of our Faith: Dark Nights and Doubt, A Failure of Faith or a Failure of Imagination?” The event will be from 9 a.m. to 3 p.m. More information will be forthcoming.

Natural Family Planning Diocesan Contacts: The list that was sent with the September Mini has been corrected due to a typo. Please discard that list and use the attached list. Note the new date in the footer.

Marriage and Parenting Resource: Attached is the October issue of “Marriage Moments and Parenting Pointers.” This is produced by Susan Vogt and she has excellent resources to support couples and families. Go to her website to review her ample resources: <http://www.susanvogt.net/index.html>.

Marriage Preparation Weekends:

November 19-20: Muscatine, SS. Mary & Mathias, *registration deadline is November 11*
2012 Weekends

January 28-29: Bettendorf, St. John Vianney, *registration deadline is January 20* (limited to 40 couples)

February 25-26: Bettendorf, St. John Vianney, *registration deadline is February 17* (limited to 40 couples)

April 28-29: Williamsburg, St. Mary, *registration deadline is April 20*

August 4-5: Mount Pleasant, St. Alphonsus, *registration deadline is July 27*

The registration form is on the diocesan website, www.davenportdiocese.org (Faith Formation Office> Marriage Preparation). Registration is \$125 per couple. For information about marriage preparation in our diocese or neighboring dioceses contact Barb Butterworth, 563-888-4240 or butterworthb@davenportdiocese.org or IlaMae Hanisch, hanisch@davenportdiocese.org.

Ministry Formation Programs (MFP):

Congratulations to the following lay ecclesial ministers who will be commissioned by Bishop Amos on October 1.

Parish Life Administrator/Pastoral Associate:

Katherine Brack, Oxford-St. Mary Tammy Norcross, Newton-Sacred Heart
Marybeth Wagner, formerly Newton-Sacred Heart now in the Archdiocese of Dubuque

Liturgical Specialization: Jane Kamerick, Melrose-St. Patrick

Basic Two-Year MFP:

Robin Brierly, Colfax-Immaculate Conception	Refugio Cenicerros, Muscatine-SS Mary & Mathias
Mark Comer, DeWitt-St. Joseph	James Connell, Clinton-Prince of Peace
Donna DeJoode, Pella-St. Mary	Mario DeLeon, Ottumwa-St. Mary
José Durán, West Liberty-St. Joseph	Maria Durán, West Liberty-St. Joseph
Angela Gritsch, Brooklyn-St. Patrick	Tracey Jacobsen, Davenport-St. Paul the Apostle
Karl Lantzky, Davenport-St. Paul the Apostle	Margarita Marquez, Ottumwa-St. Mary
Ann Mohr, Long Grove-St. Ann	Marcos NaJarro, Ottumwa-St. Mary
Pablo Peña, Columbus Junction-St. Joseph	Alicia Rivas, Muscatine-SS Mary & Mathias
Francisco Rivas, Muscatine-SS Mary & Mathias	Joseph Rohret, Cosgrove- St. Peter
David Roling, Charlotte-Assumption/St. Patrick	Karol Salgado, Ottumwa-St. Mary
Lowell Van Wyk, Pella-St. Mary	Rhonda Versluys, Pella-St. Mary

If you or someone you know is interested in joining a Ministry Formation Program please contact IlaMae Hanisch, 641-791-3435 or hanisch@davenportdiocese.org. We have an on-site group that meets in Davenport at the Chancery. Also DVD groups that meet once a month in West Burlington, Iowa City, Davenport and Newton (other locations can be added based on geographic location of participants). The Liturgical Specialization group also meets once a month at the Chancery in Davenport.

MFP is on YouTube: IlaMae Hanisch gives a 13-minute presentation on the Ministry Formation Program and how it can prepare persons wanting to work in church ministry. To view, click on this link: <http://www.youtube.com/watch?v=bXFkk3f6wbg>.

CONTEMPLATIVE OUTREACH OF EASTERN IOWA

Centering Prayer Practitioners are invited to attend the following:

- Silent Saturdays: Oct. 15 and Nov.12, 9:30-11:30 a.m., Humility of Mary Center, Davenport
- Advent Retreat: Dec. 3, St. Andrew, Blue Grass
- Local support groups are also available.

For information on any of the above call Lolita Dierickx, 563-285-7242.

BENET HOUSE RETREAT CENTER, ROCK ISLAND, IL

To register call 309-283-2108 or go online: retreats@smmsisters.org.

The Word Among Us: *Read, reflect, pray and share with other committed Christians seeking to grow in reflecting on the challenges of Scripture for everyday life. We share a new book each month.* Presenter: Sr. Charlotte Sonnevile, OSB. Two Mondays each month. Oct. 10 and 24. Fee: \$5/session or \$50 for series + cost of books.

Centering Prayer: *Come and join the Centering Prayer group. This prayer method provides a way to foster a deep relationship with God.* Contact Sr. Catherine Cleary, OSB for more information: (309) 283-2118 or ccleary@smmsisters.org. Every Wednesday, 1-2 pm.

Evening at The Monastery: *Enjoy Vespers and dinner with the monastic community followed by reflection on the "Seasons of Your Life" and a sharing of Scripture.* Presenter: Sr. Mary Jane Wallace, OSB. Thurs., Oct. 27, 4:45-7:45 pm; Fee \$15.

Muslim, Jewish, Christian Women's Dialogue: *Join other women for conversation, sharing stories, laughter, building trust and friendship. The theme is The Power of Forgiveness.* For more information call Sr. Catherine Cleary, OSB 283-2118. Monday, Oct. 3, 7-8:30 pm; Free will offering.

Soul Searching: The Journey of Thomas Merton: *We invite you to examine the spiritual path of the great 20th century spiritual master, Merton. Through the award-winning documentary and its knowledgeable producer, Morgan Atkinson, come to witness a vocation story that challenges us in our own spiritual journey.* Presenter: Morgan Atkinson, Sat. Oc. 29, 9 am-3 pm; Fee: \$30 (incl. lunch)

SISTERS OF ST. FRANCIS, CLINTON

For more information, call 563-242-7611 or visit www.clintonfranciscans.com.

An Afghan War Candlelight Vigil will be held October 6 at 6:30 p.m. on the front steps of the Clinton County Courthouse in Clinton to honor the thousands of persons who have been killed / been injured / lost their homes in the Afghan War since October 7, 2001. The vigil service will feature short speeches by members of Eastern Iowa Veterans for Peace and will include group prayer and the opportunity to take action by lobbying Congresspersons. Preceding the vigil, Eastern Iowa Veterans for Peace will hold an open meeting at The Canticle for all veterans and will explain the organization and its goals. Sponsored by the Clinton Franciscan Center for Active Nonviolence and Peacekeeping and Prince of Peace Pax Christi .

Peace Concert: Oct. 30, 3:00 p.m., Zion Lutheran Church, Clinton. This is the 2nd annual ecumenical concert featuring choirs and bell choirs from six churches and a massed choir directed by Dr. Michael Zemek, assistant professor of music at Augustana College, Rock Island. No admission charge.

SHALOM RETREAT CENTER, DUBUQUE

For more information or to register, contact Karen Knepper: 563-582-3592, kknepper@shalomretreats.org or visit www.shalomretreats.org.

Why Would a Catholic Want to Work for Immigration Reform?

Monday, Oct. 10, 7:00 – 9:00pm

Presenter: Joy Peterson, PBVM

Aware that individual state legislatures have been passing laws directed at restricting undocumented immigration, the U.S. Catholic bishops have been a strong voice in support of comprehensive national immigration reform. This presentation will outline the elements that the bishops believe are necessary to reform U.S. immigration policy in a comprehensive and just manner. Sr. Joy will also make application to our faith communities in the tri-state area. Offering: \$10. Register by Oct. 7.

Yoga and Centering Prayer: Finding Inner Peace

Wednesday, October 26, 9:00 am – 12:30 pm

Presenters: Marilyn Dansart and Deb May

Treat yourself and join us for an inspirational morning – a mingling of the peaceful practices of Centering Prayer and Yoga. Come, be present to the moment and open yourself to peace. Those both with and without experience in yoga and/or centering prayer are welcome! The only prerequisite is a desire to be present and open to the experience. Yoga mats will be provided. Offering: \$30/includes noon lunch. Register/prepay by October 24.

The Path of Simply Being: The Practice of Careful Presence

Fri., Nov. 18, 7:00pm – Sat., Nov. 19, 4:30pm

Reconnect with your true self by bringing mindful, patient and compassionate awareness to understanding all of your experiences. Includes presentations, extensive first-hand meditation and prayerful practice/dialogue. Participants will discover the ways they keep themselves stuck in the confusion and suffering of their spinning minds, emotions, and fears. Offering: \$120. Commuter: \$100.

OUR LADY OF THE PRAIRIE RETREAT, WHEATLAND

To register, call 563-336-8414 or email olpretreat@gmail.com. Visit www.chmiowa.org.

KNIT ONE, PRAY TOO! A Day of Knitting, Fellowship & Prayer

Monday, October 3, 9:30 a.m. – 3 p.m.

Ann Green, Anne Johnson, Karen Brooke

Fee: \$15.00—includes lunch

“Everyone seems to be knitting these days.” Its very rhythm encourages contemplation and invites us to be open to the Holy Spirit. Bring size 11 or 13 knitting needles, 3 six-ounce skeins of yarn (or a project in progress), and join us as we create a prayer shawl, a scarf or a special gift for someone in need of comfort. We will knit and pray together, share “yarns” of our individual journeys, and enjoy the beauty at The Prairie.

Target Audience: All knitters, including beginners, women and men.

COME TO THE QUIET: Autumn Silent Retreat Day

Tuesday, October 11, 9:30 a.m. – 3:30 p.m.

Fee \$15.00 includes lunch

Set aside your hectic pace and routine to listen to the inner needs of your heart and soul. Enjoy the silence of a summer day while you pray, meditate, read, walk or just sit in the quiet beauty of The Prairie. This day is yours but the time includes short opening and closing prayers together. Sessions with a spiritual director are available. (Separate fee paid directly to the director).

To support the ministry of your parish, school and the diocese these groups automatically receive the *Mini-Messenger*:

Deacons	Diocesan Corporate Board	Youth Ministers	Pastoral Associates	Directors/Coordinators of Faith Formation
Parishes	Catholic Foundation Board	Sisters	RCIA Parish Contacts	Diocesan Liturgical Commission
Priests	Parish Lay Directors	Bookkeepers	Diocesan Board of Education	Diocesan Planning Commission
Seminarians	Diocesan Pastoral Council	Principals		

Other interested persons are welcome to subscribe. If you have questions regarding your subscription contact Laurie Hoefling, hoefling@davenportdiocese.org.

Social Action Team Staff & VOLUNTEERS

Staff

Kent Ferris

Director of Social Action and
Catholic Charities

Esmeralda Guerrero

Administrative Assistant

Volunteers

Msgr. Marvin Mottet

Social Action Advisor

Loxi Hopkins

CCHD Diocesan Director

Glenn Leach

Disaster Relief
Legislative Alerts

Kathy and Jim McCoy

CRS Coordinators

Jeanne Wonio

Respect Life Coordinator

Nora Dvorak

Immigration Issues Coordinator

Michael Agin

Economic Issues

Erma Wiszmann

Workers' Rights

Diocese of Davenport
780 West Central Park Avenue
Davenport, IA 52804-1901

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E-mail:

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Website:

www.davenportdiocese.org

September 2011

Social Action Department

Mission Statement

To support communities of faith in
our diocese in acting upon Catholic
Social Teaching Principles.

Diocese of Davenport

The Two Feet of Social Justice

The Two Feet of Social Justice logo was the inspiration of Msgr. Marvin Mottet, the first director of the Social Action Department in the Diocese of Davenport.

While standing on a corner near Nazareth House (now Project Renewal) in central Davenport he conceived of the idea of a Two Feet approach to social ministry. This approach incorporated both social change and acts of charity. Msgr. Mottet thought that just as we need Two Feet to walk, an effective social ministry must include work to address root causes of injustice in society as well as acts of charity to address immediate needs. The Two Feet has become a symbol in many different dioceses, and organizations throughout the world to remind us that both feet of social action are necessary.



The Seven Themes of Catholic Social Teaching

1. Life and Dignity of the Human Person
2. Community and Participation
3. Rights and Responsibilities
4. Options for the Poor and Vulnerable
5. The Dignity of Work and the Rights of Workers
6. Solidarity
7. Care for God's Creation

For a copy of the complete text of the *Sharing Catholic Social Teaching Challenges and Directions* in both English and Spanish please contact USCCB at 1-800-235-8722 or go to www.usccb.org/.

Diocese of Davenport

If you give a man a fish, you feed him for a day; if you teach him how to fish, you feed him for a lifetime.

Programs Supported by the Social Action Department

Just Faith

Faithful Citizenship

Pacem in Terris Peace and Freedom Award

Social Action Commission

Deanery Meetings

Catholic Charities

- Disaster Relief
- Immigration Services
- Jail /Prison Ministry
- Parish Health Ministry

Catholic Relief Services

- Fair Trade
- Food Resource Bank
- Global Solidarity
- Operation Rice Bowl
- World Legislative Advocacy

Catholic Campaign for Human Development:

- Internship Opportunities
- Iowa Institute for Social Action
- Leadership Development
- Oversees Poverty Initiatives
- U.S. Legislative Advocacy

Pro-Life Activities

- End of Life Issues
- Life of the Unborn

Workshops for Parish Leaders and Parishioners

as presented by Dr. Richard McCorry

Sunday, November 20
St. Patrick Church, Iowa City

An opportunity as
parishes continue
their planning process.

Creating More Welcoming Parishes: 1-4 p.m.



Hospitality is manifested in an open and welcoming spirit, a willingness to drop what we are doing and receive the other person when they need us. This is a process, not an event. In 2008, the Emerging Models of Pastoral Leadership Project identified one of the key marks of excellent parishes is that they are welcoming communities. At the same time, pastoral leaders surveyed by The Project reported that this mark of excellence was the one at which they were least successful. This workshop will support pastoral leaders in developing a comprehensive program for creating more welcoming parishes.

Spirituality During Times of Change: 5-8 p.m.

Change is accelerating for both the church and society at breathtaking speed. This presents distinct challenges as well as wonderful opportunities for those who employ a positive spirituality. Many people have a basic lack of understanding of the ever changing nature of life and of our faith tradition, which many of the prophets both heralded and championed. Some operate out of their fear that change will adversely affect their faith life. This session will offer some reflections and provide some spiritual "lifelines" to hold onto while being buffeted by the "winds of change" in this very engaging workshop.



Optional Light Supper: 4-5 p.m. (\$7.00 payable at the door)



Dr. Richard McCorry is a nationally renowned presenter and the author of "Dancing with Change, A Spiritual Response to Changes in the Church," published in 2004 and "Company's Coming, A Spiritual Process for Creating More Welcoming Parishes," published in 2008. He is the founder of Embracing Change, a Church change management consulting firm. Dr. McCorry travels the country, working with parishes and dioceses, helping them to develop spiritual approaches to changes in the church. (Visit www.embracing-change.com and www.catholichospitality.com.)

Sponsored by the Diocesan Stewardship Commission of the Diocese of Davenport

For additional information or questions contact Dan Ebener, ebener@davenportdiocese.org, 563-888-4251

✂ -----

Name _____

Parish name _____ Parish town _____

Email _____

Check all that apply

_____ I will attend Creating More Welcoming Parishes.

_____ I will attend Spirituality During Times of Change.

_____ Yes, I will purchase a light supper.

To register return this form or email
the information by Monday, November 14 to

Laurie Hoefling

780 W. Central Park Ave.

Davenport, IA 52804-1901

hoefling@davenportdiocese.org

563-888-4220

Marriage Moments & Parenting Pointers

OCTOBER - 2011



I offer you these tidbits of wisdom as prayer prompts to remind you (and your constituents) of the sacredness of marriage vows and the value of every child. The commitment to love a spouse forever, and the generous gift of life parents offer a child are indeed spiritual under-takings and cannot be done alone. May the God of Love be with you and your work.

***FOR MORE** extended marriage and parenting articles, plus archived Marriage Moments and Parenting Pointers, go to: www.SusanVogt.net

***BLOG:** *Letting Go...* www.SusanVogt.net/blog

***EDUCATORS, LEADERS, & MINISTERS:** You are welcome to reprint these MM's and PP's in bulletins, newsletters, and on your website with proper credit, ("By Susan Vogt, www.SusanVogt.net") When used on a website, please also link to my

MARRIAGE MOMENTS

436. Oct. 3: "One of the best things about marriage is that it gets young people to bed at a decent hour." (M. M. Musselman) Is there a night owl in your family? Have you worked out compatible bedtimes? If not, when do you cuddle?

437. Oct. 10: (Columbus Day) To *rediscover* your love take a trip down memory lane. Ponder the first time you saw the person who is now your life partner. Share with each other your first impressions and what initially attracted you to each other. Reminisce together. Giggle if you must.

438. Oct. 17: Who is the black sheep in your family? Your spouse's family? Love them anyway. Family is a package deal. Even if you wouldn't pick some relatives as your best friends, they helped form your spouse. A person doesn't need to be perfect to deserve your love.

439. Oct. 24: (UN Day) "For wherever you go, I will go, wherever you lodge I will lodge, your people shall be my people, and your God my God." (Ruth 1:16-17) Trick question: Although this scripture fits marriage, who said it to whom? Can your love span miles and geographic boundaries?

440. Oct. 31: (Halloween) Try this. Each of you privately create a funny costume from what you have around the house. (Use pots, paraphernalia, jewelry, or root through your spouse's clothes to put items together in weird or scary ways.) Then come together and reveal. Hand out treats together if you dare.

PARENTING POINTERS

436. Oct. 7: (Yom Kippur begins) Most world religions have annual times of self-introspection: Jews (Yom Kippur), Christians (Lent), Muslims (Ramadan). Regardless of faith, it's healthy to reflect on how to be a better person. Teach your child to examine his conscience.

website, www.SusanVogt.net

*To **SUBSCRIBE**, [click here](#).

***ESPAÑOL**: Para opciones españolas [clic aquí](#).

*To **UNSUBSCRIBE**, click "Safe Unsubscribe" below.



437. Oct. 14: (Respect Life Month) Teach your children that human life begins at conception and what it takes to nurture that life through pregnancy and at least 18 more years. It's important to respect each other even when others do things I don't like or that hurt me.

438. Oct. 21: The beauty of Autumn is that it's not too hot and not too cold. Why not take a walk in the woods with your child during this season of transition. Kick the leaves, talk about changes in your lives, get some exercise.

439. Oct. 28: Mistakes happen. At times kid's mess up and so do parents. It's not necessary to be perfect, but rather to know how to recover from a mistake. Teach the skills of: apologizing, taking a punishment, doing something to make up for it.

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PHONE: (859) 291-6197, FAX: (859) 291-4742
E-MAIL: SusanVogt@fuse.net
WEBSITE: www.SusanVogt.net

Natural Family Planning Contacts

The following have completed training to teach NFP (Natural Family Planning). Save this list for future reference. They have agreed for the Diocese of Davenport to publish their contact information.



Quad Cities, SAU, and NE part of the Davenport Diocese

Julie Cutler RN, MSN, IBCLC

Trained in the Marquette Method of Natural Family Planning

lcqueen@mchsi.com

563-505-9857

Quad Cities and NE part of the Davenport Diocese

Brenda DeLathouwer CFC, Director

Cycle Solutions LLC

309-269-0797

bdelath@yahoo.com

www.billingslife.org

Iowa City and central part of Davenport Diocese

Mercy Hospital in Iowa City

500 E Market Street in Iowa City, IA

Mercy Pastoral Care Office

319-339-3556

Gary and Geralyn Ward 319-393-2061

robinswards@fmtcs.com

www.ccli.org

Western part of Davenport Diocese

Betty McGeHe, MSN, ARNP, FNP-C

Norwalk, IA (Des Moines area)

515-961-8098

515-240-2751 (cell)

bmcgehe@aol.com

SE part of Davenport Diocese

Hermes and Liz Alonzo

PO Box 45

Liberty, IL 62347

cell: 217-220-5749 or work (Liz): 217-645-3444

email: bejcre@gmail.com or hermesalonzo@yahoo.com

If you know of a couple who might be interested in being trained as an NFP instructor in your area, please have them consult the on-line NFP Teacher Training Programs link on the USCCB website, <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/>. A good description of each method and its brief history is found in the appendix of this Annotated Directory.