

LITURGY OF THE HOURS: Bibliography

**General Instruction of the Liturgy of the Hours*. Liturgy Documentary Series 5. Washington, D.C.: United States Conference of Catholic Bishops: 2002.

History

*Taft, Robert. *The Liturgy of the Hours in East and West: The Origins of the Divine Office and Its Meaning for Today*. Collegeville, MN: The Liturgical Press, 1986.

This is a classic text in the study of the Liturgy of the Hours. Taft traces the development of daily prayer in the Christian East as well as the West, and concludes with a theology of the Hours and an exploration of the Hours as the Church's school of prayer.

Liturgical Time

Adam, Adolf. *The Liturgical Year: Its History and Its Meaning After the Reform of the Liturgy*. Collegeville, MN: The Liturgical Press, A Pueblo Book, 1990.

A presentation of the history of the development of the liturgical year. Includes discussions on the Jewish calendar as well as a chapter on the Liturgy of the Hours.

*Martimort, A.G., I.H. Dalmais, and P. Jounel. *The Liturgy and Time*. The Church at Prayer Volume IV, ed. Aimé Georges Martimort. Collegeville, MN: The Liturgical Press, 1986.

An excellent presentation of time in the liturgy, this book is divided into three sections: Sunday and the Week, The Year, and The Liturgy of the Hours.

Tally, Thomas J. *The Origins of the Liturgical Year*. New York: Pueblo Publishing Company, 1986.

A more focused presentation of the development of the Easter feasts, Christmas, and Lent.

Spirituality

*Atherton, Richard. *Praying the Psalms on the Liturgy of the Hours: New Light on Ancient Songs*. Liguori, MO: Liguori Publications, 2004.

Atherton provides a reflection on each of the psalms used in the Liturgy of the Hours, a useful aid to enter more deeply into the Hours as prayer. There is also an excellent introduction on the psalms.

Wahl, Thomas Peter. *The Lord's Song in a Foreign Land: The Psalms as Prayer*. Collegeville, MN: The Liturgical Press, 1998.

Written by a Benedictine monk, this book explores how prayers written over 2500 years ago might serve as prayers for us today by delving into the original context—cultural, liturgical, theological—of these poems.

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