PARISH CHANGES
*Our Lady of the Holy Rosary, Lost Nation* (formerly Sacred Heart, Lost Nation and St. James, Toronto): The new parish email address is lostnationholyrosary@diodav.org.

*St. Mary, Oskaloosa:* Effective October 3: No Saturday evening Mass; Sunday 8:00 a.m. and 5:00 p.m. (new)

MARRIAGE TRIBUNAL

New Annulment Procedures: Fr. Paul Appel will be offering a class (twice) at the Chancery for all clergy and marriage advocates in the diocese regarding the new annulment procedures. There are two Thursdays from which to choose: October 8, 9:00 – Noon or October 15, 1:00- 4:00 p.m. Please RSVP to Kathy Lantzky, lantzky@davenportdiocese.org or 563-888-4233 by the Tuesday prior to the session you plan to attend. If you would like to eat lunch with the residents/staff please indicate as such. Lunch is served from 12:00-1:00 p.m.

The October 8 session is also being offered via Go To Webinar, which means you can attend “from your computer.” You must register to receive the log-in link: https://attendee.gotowebinar.com/register/2219003950424332033.

STEWARDSHIP

The International Catholic Stewardship Conference (ICSC) is holding its annual conference in downtown Chicago on October 22-25. Cost for the conference is $599. Additional information and registration form can be found at http://catholicstewardship.com/programs-a-events/annual-conference/2015-annual-conference-information. For questions contact Dan Ebener, ebener@davenportdiocese.org or Sr. Laura Goedken, goedken@davenportdiocese.org.

PARISH PLANNING

The webinar *Strategic Planning: Un-Plugged for Church Leaders* will be held Oct. 15 at 1:00 p.m. This is for parish leaders who are interested in how to do strategic planning in a parish. Dan Ebener will present a practical, 8-step process. Some of the key features of this process that will be discussed: Make the planning processes interactive; Reflect on mission and values; Identify the adaptive challenges; Involve the people; Set up the process to insure implementation; Lead the way; Capture the vision. You are welcome to attend in person if you wish. To register go to https://attendee.gotowebinar.com/register/5219153368162571010.

SOCIAL ACTION OFFICE

October is Respect Life Month: Please remember to use and display your Respect Life month packet materials at your parish and in your bulletin. This year’s theme is *Every Life is Worth Living*. If your parish missed the notice to order materials, please contact Esmeralda Guerrero at guerrero@davenportdiocese.org. Materials are also available at http://www.usccb.org/about/pro-life-activities/respect-life-program/.

Out of Africa: A Lunch Presentation about a Mission Experience to Kenya: October 28 at noon in person or via webinar. The presentation will be shared through pictures and video. The story describes interactions with Julia a displaced resident with health issues, Meru Children’s Home (local orphanage,) and the Nkabune Village residents and their schools. For complete information on how to register please see the attached flyer.

Catholic Campaign for Human Development

Kick-Off Breakfasts: Please attend one of these two first-ever Kick-Off events to learn more about CCHD and the annual collection. This meeting will be fun, interesting and give you a chance to talk with other social justice minded people from around the Diocese.

- October 3: 10:00 a.m., Chancery, Diocese of Davenport
- October 17: 10:00 a.m., St. Mary Church, Iowa City

At these events you will:

- Learn what Catholic Campaign for Human Development does to break the cycle of poverty by funding community programs.
Hear about what CCHD has done to enhance Catholic social teaching in our Diocese.

Find out more about the history and purpose of the CCHD Annual Collection. Each year the Diocese retains 25% of the proceeds to fight poverty within our own Diocese. You will hear how the collections have made a difference for Quad Cities Interfaith and Worker Justice Center of Eastern Iowa, our two CCHD funded groups.

Receive print and video resources to help with the promotion of the CCHD collection in your parish in November, and in doing so, help your community be a more just place to live!

For food purposes please RSVP to Esmeralda Guerrero, guerrero@davenportdiocese.org as soon as possible. See the attached flyer for more information and promotion.

Collection is November 21-22. Help Catholics “take poverty off the map” by encouraging them to begin planning now for the collection. Please click on the link below to learn more about the collection: http://www.usccb.org/about/catholic-campaign-for-human-development/collection/collection-resources.cfm

Promotional materials will be mailed to your parish in October, including posters, envelopes and bulletin inserts adapted to our diocese. If your parish materials don’t arrive by mid-October, you need more materials, have any questions, or would like a speaker at your Mass on or before the collection please contact Loxi Hopkins, hopkins@davenportdiocese.org or 563-488-4212. Please use the insert for your parish bulletin the weekend of November 14-15 and display the poster.

Pacem in Terris Peace and Freedom Award: Thich Nhat Hanh has been selected to receive the 2015 Pacem in Terris Peace and Freedom Award. Bishop Martin Amos will present the award to Thich Nhat Hanh’s English speaking community on October 31st at Deer Park Monastery in California. A local celebration will be announced soon. Thich Nhat Hanh was selected by the Coalition because of his tireless work for world peace, combining Buddhist principles of non-violence and compassionate action for those in his community and all brothers and sisters across the world.

Vote to End Hunger Rally: November 8, 2:00 – 4:00 p.m., Grand View University, Des Moines. The Rally, sponsored by the Catholic Dioceses of Iowa, Bread for the World and various interfaith groups will feature Rev. David Beckman, Executive Director of Bread for the World. Pope Francis has said, “Now is the time for a change of mindset and to stop pretending that our actions do not affect those who suffer from hunger.” Hunger can be beaten if we have the will to do it. We expect to have bus transportation available for this state-wide rally. Look for an announcement of speakers and registration information soon. For more information contact Glenn Leach, 563-888-4214 or leach@davenportdiocese.org or Loxi Hopkins, 563-888-4212, hopkins@davenportdiocese.org.

Project Rachel: Project Rachel is a confidential, post-abortion healing ministry of the Catholic Church offering hope and healing to women and men hurting from past abortions. Project Rachel staff understand the emotional pain that follows an abortion. Brochures are available by contacting Esmeralda Guerrero, guerrero@davenportdiocese.org. Local Helpline: 563-888-4107, Email: projectrachel@diodav.org

There are two ways to support Project Rachel:

1. “Humble Angel Honey” remains a strong, visible way that parishes can help publicize Project Rachel and also provide ongoing financial support! Parishes have had Humble Angel Honey available after Mass, as when SCRIP or Fair Trade items have been available or at tables during parish festivals or other gatherings. If you or your parish group would like to help locally with Humble Angel Honey please contact Esmeralda Guerrero, 563-888-4210.

2. Make a financial contribution, payable to the Diocese of Davenport and mail to Diocese of Davenport, Project Rachel, 780 W. Central Park Ave., Davenport, IA 52804-1901.

Social Action Newsletter: The Diocesan Social Action office has a newsletter filled with upcoming events and deadlines, calls to action and social justice news and views. You can view previous issues or subscribe to The Two Feet newsletter at http://bit.ly/1mY1moJ or send an e-mail to kerstena@diodav.org. Please feel free to submit any parish event for inclusion in our monthly newsletter.
FAITH FORMATION

Strong Catholic Families Initiative: If you’d like to find out more about this Initiative, then plan on attending the Kick-Off October 7-8 at St. Anthony’s parish in Knoxville. This event will not be repeated so if you’re even a bit curious plan on attending so you can see the initial parent evening that begins the Initiative in a parish (October 7) and hear first-hand from a member of the national SCFSCY training team what this is all about. You must pre-register for the Kick-Off by Friday, October 2. Simply go to http://www.davenportdiocese.org/faithform/SCF.htm and click on the registration link. To find out more, contact Don Boucher, boucher@davenportdiocese.org or 563-888-4243.

Engaging a New Generation – Forming Youth for Missionary Discipleship. This generation of young people IS different, and it calls for new methods and a new vision for engaging them in embracing and living the Gospel message. Join Frank Mercadante, Executive Director of Cultivation Ministries, for this workshop on Tuesday, October 20, 9 AM-3 PM at St. Patrick Church in Iowa City. Register by October 14. All workshop details and registration link can be found at http://www.davenportdiocese.org/faithform/Engaging.htm.

MINISTRY FORMATION PROGRAM

Basic Schedule

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<td>New Testament II, Dr. Matthew Coomber</td>
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<td>12/5/15</td>
<td>Baptism, Dr. Corrine Winter</td>
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<td>2/20/16</td>
<td>Reconciliation/Anointing, Fr. Paul Appel</td>
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<td>4/16/16</td>
<td>Eucharist II, Dr. Corrine Winter</td>
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<td>6/16/16</td>
<td>Matrimony, Dc. Frank &amp; Marianne Agnoli</td>
<td>7/16/16: Holy Orders, Bishop Amos, Fr. Thom Hennen &amp; Deacon David Montgomery</td>
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<td>8/20/16</td>
<td>Personal/Pastoral, IlaMae Hanisch</td>
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<td>10/8/16</td>
<td>Commissioning Liturgy, St. Patrick, IC</td>
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On-Site Format: All courses held at the Diocese of Davenport, 9 a.m. – 4 p.m.

DVD/YouTube Format: The order of courses is as stated above; however each group will determine its monthly meeting time.

Application form and additional information may be found on the diocesan website, www.davenportdiocese.org (Chancery-Faith Formation-Lay Ministry-MFP Forms). For information regarding the courses or the Ministry Formation Program contact John Valenti, valenti@davenportdiocese.org or 563-888-4244.

MARRIAGE AND FAMILY

Prayer of Pope Francis for the Synod on the Family: Pope Francis has invited the faithful to join him spiritually in prayer for the upcoming Synod of Bishops in October which will focus on the theme of the Family. The prayer can found at http://www.davenportdiocese.org/faithform/Marriage%20and%20Family.htm.

Families of Character founder, Steve Markel, will present Better Habits, Better Family on Thursday, Oct. 8 at 7 p.m. at St. Patrick, Iowa City. Families of Character is an organization that offers a course to teach parents how to develop character in their family, one virtue at a time. The session is free and open to all. Free childcare will be provided for those who register with Julie Kabat, jkab408@aol.com prior to October 1. For questions contact Dave & Pam Ockenfels, pamo@netins.net or 319-646-6583.

Going Natural: A Healthy Choice: Friday, October 23, 9:00 a.m. - 3:00 p.m. at St. Wenceslaus Church, Iowa City. This class features five speakers presenting on the scientific analysis of the chemistry of sex, fertility and relationships. For more information contact Sheryl Schwager, 319-855-8475, director@jcrtl.org or visit www.jcrtl.org.

An Invitation to Love – God’s Plan for Sexuality and Marriage: Vickie Thorn, M.S. and Fr. Jerry Kopacek will present this workshop on Saturday, October 24, 8:30 a.m. – 12:15 p.m. at St. Wenceslaus Church, Iowa City. For more information contact Sheryl Schwager, 319-855-8475, director@jcrtl.org or visit www.jcrtl.org.
Natural Family Planning Link: A complete Billings Ovulation Method NFP course is available online at http://learnnfponline.com. Engaged couples are encouraged to begin NFP instruction four to six months prior to the wedding date. A certificate of completion will be issued. Additional information and NFP contacts can be found on the diocesan website, http://www.davenportdiocese.org/faithform/Marriage%20and%20Family.htm.

Worldwide Marriage Encounter is a marriage enrichment program designed to give married couples the opportunity to examine their relationship. The emphasis of the weekend is on communication between husband and wife. Couples are able to spend quality time together away from the distractions and tensions of everyday life to concentrate on their marriages. A Worldwide Marriage Encounter weekend is a positive, renewing experience for couples that have a good marriage, but want to make it even better! For a schedule of local Marriage Encounter weekends go to http://www.davenportdiocese.org/faithform/Marriage%20and%20Family.htm.

Marriage and Parenting Resource: Attached is the October issue of “Marriage Moments and Parenting Pointers.” These may be used in parish bulletins or as links on parish websites.

Marriage Preparation: The Diocese of Davenport offers several marriage preparation program formats: One-day, Weekend (two-day), Sponsor Couple (through your parish) and Online (under special circumstances-with parish approval).

**One-Day**
- October 24: Muscatine, SS. Mary & Mathias, *registration deadline is October 16*
- January 30, 2016: Bettendorf, St. John Vianney, *registration deadline is January 22*
- February 27, 2016: Bettendorf, St. John Vianney, *registration deadline is February 19*

The fee is $125 per couple and is payable by credit card or PayPal. To register or for more information go to http://www.davenportdiocese.org/faithform/Marriage%20and%20Family.htm. For questions contact Barb Butterworth, 563-888-4240, butterworthb@davenportdiocese.org.

**Online:** Go to http://www.marriageministries.com/courses/catholic-marriage-prep-class/

PROTECTING GOD’S CHILDREN

To report child abuse contact: Iowa Department of Human Services Child Abuse Hotline: 800-362-2178 and if it involves clergy or church personnel also notify Alicia Owens, Victim Assistance Coordinator: 563-349-5002, vac@diodav.org or PO Box 232, Bettendorf, IA 52722-0004.

ST. THOMAS MORE, CORALVILLE

*Presentations by Dr. Megan McKenna:* For high school youth: *Discipleship and Following Jesus* on Saturday, Oct. 3, 10:00 a.m. – 2 p.m. and for adults: *Wisdom: Seeing as God Sees and Being Seen by God* on Sunday, Oct. 4, 1:00 - 4:00 p.m. See the attachment for further details.

ST. AMBROSE UNIVERSITY, DAVENPORT

*American Injustice: Mercy, Humanity, and Making a Difference:* Oct. 20, 7:00 p.m., Galvin Fine Arts Center, St. Ambrose University. Presented by Bryan Stevenson. He has been called “America’s young Nelson Mandela” by Archbishop Desmond Tutu and is recognized as one of the United States’ foremost advocates for the poor, the incarcerated and the condemned. The free lecture is part of the university's yearlong “Justice” event series.

The great grandchild of former slaves, Stevenson is an attorney and the founder and executive director of the Equal Justice Initiative (EJI) in Montgomery, Alabama. Under his direction, EJI has won reversals, relief or release for more than 115 condemned prisoners across the United States.

Stevenson has argued numerous cases before the United States Supreme Court, recently winning a hallmark decision that mandatory life-without-parole sentences for children under 17 are unconstitutional.

His memoir, “Just Mercy: A Story of Justice and Redemption,” was named one of the 10 best non-fiction books of 2014 by Time magazine, which also included him among its 100 most influential people for 2015. Stevenson’s 2012
TED Talk was named as one of five essential TED lectures by “The New Yorker” magazine and has received more than 2.6 million video views.

Stevenson has been awarded a 2015 NAACP Image Award and a “Genius” Grant from the McArthur Foundation, as well as a National Medal of Liberty Award from the American Civil Liberties Union, nominated by U.S. Supreme Court Justice John Stevens. He has received honorary degrees from 16 universities including Yale, Georgetown and the University of Pennsylvania.

Stevenson is a professor of clinical law at the New York University School of Law. He earned his Juris Doctor degree from Harvard Law School, Cambridge, Mass.

**HUMILITY OF MARY, DAVENPORT**

An Open House to celebrate the Year of Consecrated Life will be held October 18, 2:00-4:00 p.m. at the Humility of Mary Center in Davenport. The CHM open house will celebrate this Year of Consecrated Life and offer visitors a chance to:

- Tour the Humility of Mary Center and Magnificat Chapel
- Visit with sisters about their prayer, service and life in community
- Learn about CHM history and current ministries

This open to the public and all are welcome.

**OUR LADY OF THE PRAIRIE RETREAT, WHEATLAND**

To register contact: 563-336-8414 or elpretreat@gmail.com. All programs include a delicious homemade meal prepared with local and organic ingredients. To learn more about Our Lady of the Prairie Retreat visit www.chmiowa.org.

**Five-Day Private or Directed Retreat:** October 11–16 | Sun, 5pm – Fri, 1pm. Enjoy the fall beauty of The Prairie as you commune with God in prayer, silence and solitude. Choose either a private retreat or visiting with a director several times during the week. Savory meals and private accommodations. Limited to 8 retreatants. Massage available upon request for an additional fee. Pre-registration requested. Fee: $400

**Weaving Prayers and Baskets:** Wed, October 21 | 9am – 4pm. Learn simple basket weaving in the context of prayer and meditation. Make a simple bread basket for use over the holidays. Kathleen Storms, SSND. Fee: $30

**Come to the Quiet: Inner Harvesting:** Thurs, October 22 | 9:30am – 3:30pm. Reflect on what we might harvest from our inner landscape; our souls. What seeds of the soul (inspirations, urgings, insights) have been planted in us and are now in fruition? How do we harvest the bounteous blessings of the soul to nourish others and ourselves? Fee: $20

**Who Will Light the Way? Lanterns for the Spiritual Journey:** Tues, October 27 | 9:30am – 3:30pm. Thomas Merton once said, “If I find God I find myself; if I find myself, I find God.” This retreat will reveal some of the lanterns that light our paths – to God and to ourselves. Helen Schlitz, MAPS. Fee: $20

**Icon Retreat: Mary, Untier of Knots, Byzantine Style Icon:** November 8 – 14 | Sun, 5pm – Sat, 1pm. Pope Francis discovered the painting of Mary, Untier of Knots, while a student in Germany and is responsible for devotion to her in Brazil and Argentina. Mary is pictured as calmly undoing the knots of a very long ribbon. During this retreat we will paint/write/pray this icon. We will learn the meaning of the symbols and colors of the icon. Step-by-step instructions. All materials provided. No particular artistic talent necessary. Pre-registration due by October 25. Fee: $400. Leanne K. Spacek

**Come to the Quiet: Generosity:** Wed, November 18 | 9:30am – 3:30pm. One of the many characteristics of living Celtic spirituality is a disposition toward generosity. This disposition is nourished when recognizing the abundant blessings of Earth bestowed by the Divine then soulfully responds in generous spirit through care and service. Fee: $20.

**EAGLES’ WINGS COUNSELING AND RETREAT CENTERS, DAVENPORT**

To register, for questions or information about obtaining a spiritual director, or Christian counseling contact Marcia Moore, marcia@eagleswings.ws or 563-324-7263, http://www.eagleswings.ws. Located at 5816 Telegraph Rd., Davenport.
Seven Deadly Sins, Seven Lively Virtues, a DVD series featuring Bishop Robert Barron. This nine-week series begins October 7 at 1 p.m. Pride, envy, anger, sloth, greed, gluttony and lust: these ‘seven deadly sins’ are patterns of dysfunction that keep us separated from God and ultimately lead to unhappiness. Join us as we embark on Bishop Robert Barron’s exploration of these seven sinful patterns and also learn how practicing countervailing virtues can break the cycle of sin. Registration is $20. Please phone Eagles’ Wings at 563-324-7263 and leave a message.

Healing Mass and Adoration: Oct. 13, Nov. 10 and Dec. 8. Adoration begins at noon with Mass at 1 p.m. The Sacrament of Reconciliation will be available and prayers for healing following Mass. (No Mass in January)

Introduction to Unbound: October 17, 10:00 a.m. – Noon. In his book, Unbound, Neil Lozano tells us that God has a plan for our lives and so does Satan. Through years of experience in praying for others Neil has given us a non-threatening way of praying to bring freedom. The Unbound method of prayer gives five keys to being liberated from spiritual bondage.

In this introduction to Unbound Prayer you will view a video in which Neal explains the basics of prayer and hear testimonies from people who have experienced freedom. You will have an opportunity to request ministry from a trained team at a later date. Registration fee: $10. Mail to Eagles’ Wings, 5816 Telegraph Rd., Davenport, IA 52804. For questions call 563-324-7263 (please leave a message) or email marcia@eagleswings.ws.

BENET HOUSE RETREAT CENTER/ST. MARY MONASTERY, ROCK ISLAND, IL

Introduction to Lectio Divina: Oct. 3, 9-11 am; Fee: $15.

Meet the Real Mary Magdalene: Have you wondered “What was Mary Magdalene really like?” DVD presentations by Scripture scholar, Fr. Raymond Collins, professor of New Testament at the Catholic University of America, will explore Mary Magdalene in the four Gospels, Gnostic literature and popular culture. Discussion follows each presentation. Presenter: Sr. Charlotte Sonneville, OSB. Monday: Oct. 12, 26; 2-3:30 pm; Fee: $5/session.

Young Adult Mini-Retreat Morning: Join other young adults in their 20s and 30s for this monthly gathering that includes prayer, input on a topic determined by the group, time for quiet and to walk the grounds. Spiritual direction available. Bring your lunch. Facilitated by the young adult planning team. 3rd Saturdays: Oct. 17; Nov. 21; Dec. 19; Mar. 19; May 21; 10 am-12 pm; Free will offering.

Day of Wonder: Make time to wonder about the mysteries around us. The day will begin with a reflection on wonder with the use of media, literature and music. Spend the rest of the day in quiet and prayer enjoying the walking paths, lake area, Chapel, library, porches, patios and other reflective places. Optional discussion and prayer will close the day. Bring your own lunch or have lunch at the Monastery. Facilitator: Sr. Bobbi Bussan, OSB. Oct. 20; Nov. 17; Dec. 15; Feb. 16; Mar. 15; Apr. 19; May 17; June 21; 9 am-4 pm; fee: $20/day, plus an option for lunch $8. Chair or full body healing touch available for additional cost.

Evening at the Monastery: Do you wonder what life is like in a monastery? Come for an evening of prayer, pleasant conversation and a chance to ask the questions you have not had an opportunity to voice. Enjoy Vespers and dinner with the Benedicerte Sisters followed by reflection and sharing on Scripture and the monastic way of life. Presenter: Sr. Margaret Murphy, OSB. Thurs. Oct. 22; 4:45-7:45 pm; fee: $15.

To support the ministry of your parish, school and the diocese these groups automatically receive the Mini-Messenger:

- Deacons
- Diocesan Corporate Board
- Youth Ministers
- Pastoral Associates
- Directors/Coordinators of Faith Formation
- Parishes
- Catholic Foundation Board
- Sisters
- RCIA Parish Contacts
- Diocesan Liturgical Commission
- Priests
- Parish Lay Directors
- Bookkeepers
- Diocesan Board of Education
- Diocesan Planning Commission
- Seminarians
- Diocesan Pastoral Council
- Principals
- Parish Life Coordinators
- Other interested persons are welcome to subscribe. If you have questions regarding your subscription contact Laurie Hoefling, hoefling@davenportdiocese.org.
OUT OF AFRICA:

LUNCH PRESENTATION ABOUT A MISSION EXPERIENCE TO KENYA

The presentation will be shared through pictures and video. The story describes interactions with Julia, a displaced resident with health issues, Meru Children’s Home (local orphanage), and the Nkabune Village residents and their schools. Please join us in person or via webinar.

WHEN:
Wednesday, October 28
12:00—1:00 p.m.

WHERE:
Diocese of Davenport
780 W. Central Park Avenue, Davenport, IA
3rd Floor Conference Room

If attending in person and would like lunch please RSVP to Esmeralda Guerrero by October 16.

ALL DEANERIES INVITED

IN PERSON RSVP
Esmeralda Guerrero
guerrero@davenportdiocese.org
563-888-4210

VIA WEBINAR RSVP
https://attendee.gotowebinar.com/register/97150795297704033

PRESENTER:
Donna DeJoode
St. Mary, Oskaloosa
Diocesan Volunteer Grant Recipient
Over the past three years, the CRS Rice Bowl collection has experienced significant increase in involvement and support. Part of this is attributable to promotional efforts involving leaders from parishes.

These two CCHD Collection promotional events are to also give attention to a similarly important annual collection.

During the gathering, you will receive information on the history of the Catholic Campaign for Human Development and the important part the Diocese of Davenport has played in its development nationally. Additionally, you will learn more about how CCHD funded groups in the Diocese help our efforts at walking with folks living and working in poverty as they pursue Social and Economic Justice. Finally, you will be given print and video resources so that you can help with the promotion of the CCHD collection in your parish in November, and in doing so, help your community be a more just place to live!

To RSVP or for more information, please contact Esmeralda Guerrero at guerrero@davenportdiocese.org or call 563-888-4210.

CCHD funded groups in the Dioceses:

- Quad Cities Interfaith, Davenport
  http://www.qcinterfaith.org/
- Center for Worker Justice of Eastern Iowa
  http://www.cwjiowa.org/

Saturday, October 3
10:00 A.M.
St. Vincent Center
780 W. Central Park Ave., Davenport

Saturday, October 17
10:00 A.M.
St. Mary
228 E. Jefferson St.
Iowa City

TWITTER: @Vogt_Susan  *EDUCATORS, LEADERS, & MINISTERS: You are welcome to reprint these MM's and PP's in bulletins, newsletters, and on your website with proper credit, (By Susan Vogt, www.SusanVogt.net). When used on a website, please also link to my website: www.SusanVogt.net

MARRIAGE MOMENTS

644. Oct. 5: "It is not good for the man to be alone. I will make a suitable partner for him." (Genesis 2:18) What does it mean to be a good life partner? Certainly it includes sharing life's tasks and supporting each other. Talk about what it would feel like to live alone. Name one thing you especially like about being married?

645. Oct. 12: Got an anniversary, a birthday, or another gift-giving occasion coming up. Try a free, but heartfelt gift - a list of things you love about your spouse. Fancy it up by putting the compliments on brightly colored papers and put in a glass jar for daily reading.

646. Oct. 19: The Golden Rule with a new twist. Do unto others as they would have you do unto them. See A New Twist on an Old Rule for ideas. (www.SusanVogt.net click on Spirituality)

647. Oct. 26: Even the most loving couples can take each other for granted over time. Counter this by a mindful greeting in the morning. What's your custom? Does it need refreshing? Even if you're groggy or in a hurry, try pausing for 10 seconds and just gaze at each other. Smile. Remember.

PARENTING POINTERS

644. Oct. 2: "Let the children come to me...Then [Jesus] embraced them and blessed them." (Mark 10:14, 16) Sometimes we just want our children to go to sleep; but in our better moments, take the time to hug them. Bless them daily. It can be part of the hug or a bed time prayer.

645. Oct. 9: "Go, sell what you have, and give to the poor." (Mark 10:21) Invite your child to take a step with you. Each of you choose one belonging to give to a person who has less than you. If you don't know anyone, take it to Goodwill or St. Vincent de Paul.

646. Oct. 16: October is Respect Life Month. In addition to respecting the human lives that are too often dismissed as unworthy or inconvenient (the unborn, the poor, the imprisoned, the handicapped...) this year add respect for mother earth, who is also suffering.

647. Oct. 23: All families have stories that they tell over and over. One genre is the vacation-disaster story. These stories are important because they say this family can not only survive adversity but can laugh at it and keep on loving each other. (Mary Pipher) Tell a story.

648. Oct. 30: Although Halloween may be filled with goblins and angels, November 1 is "All Saints Day." Remind your child of the saint he or she is named after or talk about the saintly people that you both know dead and alive.

Wisdom: Seeing as God Sees and Being Seen by God

For Adults—Sunday October 4, 2015 1-4 pm

Dr. Megan McKenna will present the story of the Transfiguration and what it reveals to us about prayer, seeing who God is and how to go back down the mountain bring that glory with us as we witness to others, that Our God dwells with us.

Dr. Megan McKenna, a native of New York City has lived, visited, through North and South America (especially Bolivia/Peru), Europe and a collection of islands: Celtic, Japanese, the Philippines, Singapore, Haiti and the Hawaiian Islands, and through Malaysia, India, Marshall Islands, Thailand, Australia and China. She works with Indigenous groups, in base Christian Communities and with justice and peace groups as well as parishes, dioceses and religious communities. She has been on the United States National Board of Pax Christi and in 2002 was appointed an Ambassador of Peace for Pax Christi. In 2013 she received the Isaac Hecker Award for Peace and Justice from the Paulists.

An internationally known author, theologian, storyteller and lecturer, she teaches at several colleges and universities and does retreats, workshops and parish missions. She has graduate degrees in Scripture, Adult Education and Literacy from the Graduate Theological Union and the University of California, Berkeley, and a Masters in Systematic Theology from Catholic University, Washington, DC. But foremost she is a lover of words: the Scriptures, stories and tales, poetry, images and phrases spoken aloud, written down and spun to make meaning and how these both convert and transform us and bring meaning and hope to the world.

She has authored more than fifty books, the latest ones being LISTEN HERE! The Art and Discipline of Listening; LIKE A HAMMER SHATTERING ROCK: Reading the Gospels Today; THIS WILL BE REMEMBERED OF HER; and commentaries on Mark, Matthew and Luke among others and the recently released, HARM NOT THE EARTH: Ecology/care for the earth. She resides in Albuquerque, NM.
Discipleship and Following Jesus

For Youth — Saturday, October 3, 2015

Who you/we think Jesus is and what it means to be a follower, a friend and disciple of Jesus, confirmed by the Spirit and witnessing to our faith for others to see.

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Retreat experience for all Sr. High Students, “All Are Welcome”
Saturday, October 3rd, 2015 from 10:00 a.m. to 2:00 p.m.
St. Thomas More Church, Coralville, IA
Lunch is provided; bring a snack to share for breaks.

Logistics of the day: Sr. High students will gather with Megan in the church sanctuary at 10:00 a.m.
Lunch 12:00-12:45; final wrap up session with Megan as a large group, 1:00 to 2:00 p.m.
All Sr. High School youth from the Davenport Diocese are welcome to attend.